EAT. DRINK. Monday - Friday SOCIALIZE.

THE MART @ METLIFE

Breakfast | 7:15 am - 10:00 am Lunch | 11:30 am-2:00 pm

WEEK OF DECEMBER 2ND

WEEKLY FEATURES



RISE & SHINE

From the Breakfast Bar

Monday- Cage Free Scrambled Eggs (V)(MWG), Turkey Sausage, Tater Tots(VG)

Tuesday- Egg White Frittata (V)(MWG), Pork Sausage, Hash Browns(VG)

Wednesday- Scrambled Eggs & Chorizo, Salsa(V), Turkey Bacon, Breakfast Potatoes(VG)

Thursday- Bacon Egg & Cheese Egg Bites, Pork Sausage Patties, Cheesy Tater Tots(V)

Friday- Cage Free Scrambled Eggs(V)(MWG), Turkey Sausage, Breakfast Potatoes(VG)(MWG)

Made to Order from the Grill: Eggs Any Style, Sausage, Breakfast Sandwiches, French Toast, Pancakes

Breakfast Grill Special: Egg & Cheese Biscuit Sandwich(17350.4)

GLOBAL TABLE-Stews & Chowders

Fish Chowder

Creole Chicken Stew

Roasted Winter Root Vegetable Medley(VG)(MWG)

Rice Pilaf(VG)(MWG)

GLOBAL TABLE-Tagueria

Chipotle Chicken(MWG)

Beef Machaca(MWG) Black Beans(VG)(MWG)

Cilantro Rico(VG)(MWG)

Pico de Gallo, Guacamole, Shredded Cheddar, Sour Cream

Flour & Corn Tortilla

GLOBAL TABLE-Stir Fry

Sweet & Sour Chicken

Spicy Orange Beef

Vegetable Lo Mein(VG)(MWG)

Chinese Broccoli(VG)(MWG)

Global Table-Lebanese

Roasted Za'atar Chicken(MWG)

Lamb Kefta(MWG)

Batata Harra(VG)(MWG)

Chickpea, Eggplant Moussaka(V)

Yogurt Sauce & Grilled Pita

Chef's Choice





SUSHI (MON-THUR)

Futomaki-Big Roll w/Kani, Eel, Tamago, Oshinko, Yamagobo, Kampyo, Avocado, Furikake

Choice of Bread: White, Wheat, Marble Rye, Thick Sliced Brioche

Choice of Cheese: American, Cheddar, Provolone, Pepper Jack, Swiss, Smoked Gouda

Choice of Add on: Bacon, Vine Tomato, Balsamic Roasted Portobello Mushroom, Ham, Avocado, Bread & Butter Pickles, Jalapeno, Pastrami, Honey BBQ Pulled Chicken, Caramelized Onlon Jam

Choice of Spread: Pesto Butter, Lemon Garlic Aioli, Roasted Red Pepper Spread

Choice of Side: Tomato Soup, Side Salad, or House Potato Chips

DELI

Bacon-Cheddar Chipotle Chicken Panini

GRILL

Market Place Burger: Pat LaFrieda Burger, Applewood Bacon, Crispy Onions, Fried Egg, Special Sauce

Grill LTO-The Gobbler Turkey Burger, Vermont White Cheddar, Cranberry Chutney, Butter
Toasted Brioche

Maple Mustard Glazed Salmon w/Roasted Brussels Sprouts & Quinoa Pilaf

SIDE: Ouinoa Pilaf

SAI AD

Grilled Chicken, Butternut Squash, Brussels Sprouts,& Cranberry Salad, Apple Cider Vinaigrette (34250.11)

Grilled Chicken, Herb Roasted Salmon, Garlic Shrimp, Crispy Battered Tofu

PIZZA (TUE-THUR)

(Tuesday) White Pizza w/Blue Cheese & Zucchini

(Wednesday) Eggplant Parm Pizza

(Thursday)-Chicken, Mushroom & Sage Pizza



MET CAFÉ

Download and order with the app today!

SOUPS

MONDAY

Chicken Noodle

Native Three Sisters(VG)(MWG)

Tuesday

Chicken Tortilla

Minestrone(VG)

Wednesday

Egg Drop Soup(V)(MWG)

Winter Squash & Apple(VG)(MWG)

Thursday

Spicy White Bean Harissa(V)(MWG)

Chicken & Rice(MWG)

FRIDAY - Chef's Choice